

**VTTA East Midlands Group**  
**10 Miles Time Trial**  
**Saturday 22<sup>nd</sup> April 2023 – Results**  
**(Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations)**

Event Secretary: D.Yarham. 7 Torpel Way, Maxey, Peterborough, PE6 9EQ  
 Tel: 01778 343077 Mobile: 07932 162471

Timekeepers: Mrs S Bowler South Pennine RC  
 Mr W Stanley Melton Olympic CC

**Awards: (One rider – One prize, except team awards)**

Actual:

1 <sup>st</sup>	Alex Pritchard	HUUB WattShop	18:28	£30
2 <sup>nd</sup>	Ollie Hucks	Kalas Motip	19:03	£20
3 <sup>rd</sup>	Lucas Jowett	Saint Piran	20:02	£15
4 <sup>th</sup>	Mark Greenwood	Lungs 2 Legs	20:04	£12
5 <sup>th</sup>	Matthew Uttley	Nottingham Clarion CC	20:07	£10

On Handicap:

1 <sup>st</sup>	Kathryn Smith	Sleaford Wheelers	17:16	£30
2 <sup>nd</sup>	Mark Bottrill	Team Bottrill	17:41	£20
3 <sup>rd</sup>	Kevin Wood	Sherwood CC	18:02	£15
4 <sup>th</sup>	Matthew Sewell	Beeston RC	18:03	£12
5 <sup>th</sup>	David Hayward	Matlock CC	18:04	£10

On Age Adjusted Time:

1 <sup>st</sup>	Richard Oakes	Team Ohten Avas	18:56	£30
2 <sup>nd</sup>	Mike Twelves	Team Ohten Avas	18:40	£20
3 <sup>rd</sup>	Joseph Costello	Legato RT	19:00	£15
4 <sup>th</sup>	Andy Thomas	Lindsey Roads CC	19:05	£12
5 <sup>th</sup>	Mark Jones	DRAG2ZERO	19:43	£10

Fastest Lady on Actual: Sarah Harrison 23:51 £30

Team on Actual: Team Ohten Avas (Richard Oakes, Mike Twelves, Robert West)  
 59:38 £10 each

Team on Adjusted Time: Team Ohten Avas (Richard Oakes, Mike Twelves, Robert West)  
 56:19 £10 each

Marshals: Trevor Beal, Norman Portess, Loz Willetts, David Borchard, Jim Goodwin,  
 David Goodwin, Steve Tomlinson, Anthony Hardenberg

Number-taker: Jeff Bowler

Signs: David Herd

Refreshments: Mrs Lynne Yarham, Mrs Pat Hallam

I would like to thank all those who assisted in the promotion of this event. Without their help such events simply would not be possible. I hope those who rode enjoyed the day and look forward to seeing you again next year.

No	Name	Club	Cat	Actual	Posn	Adjusted		Handicap	
						Time	Posn	Time	Posn
60	Alex Pritchard	HUUB WattShop	S	18:28	1			18:19	9
70	Richard Oakes	Team Ohten Avas	V	18:56	2	17:50	1	18:56	22
50	Ollie Hucks	Kalas Motip	S	19:03	3			18:35	13
35	Lucas Jowett	Saint Piran	J	20:02	4			18:10	7

	Mark								
20	Greenwood	Lungs 2 Legs	V	20:04	5	19:29	6	18:50	19
10	Matthew Uttley	Nottingham Clarion CC	V	20:07	6	19:32	7	18:12	8
40	James Richards	WardPerformanceUK.com	S	20:12	7			19:25	33
41	Mike Twelves	Team Ohten Aveas	V	20:18	8	18:40	2	18:00	3
55	Andy Thomas	Lindsey Roads Cycling Club	V	20:24	9	19:23	5	18:55	21
65	Robert West	Team Ohten Aveas	V	20:24	10	19:49	11	19:06	26
30	Mark Jones	DRAG2ZERO	V	20:33	11	19:43	8	19:45	41
32	Mark Bottrill	Team Bottrill	S	20:49	12			17:41	2
61	Martin Fisher	Melton Olympic CC	V	20:54	13	20:41	21	18:46	17
62	Kevin Wood	Sherwood CC	V	20:57	14	19:05	4	18:02	4
51	Steve Gibson	Peak Road Club	V	21:05	15	19:47	10	18:53	20
25	Richard Harrison	DRAG2ZERO	V	21:15	16	20:54	23	19:57	43
56	Joseph Costello	Legato Racing Team (LRT)	V	21:16	17	19:00	3	18:41	15
42	Graham Heaton	City RC (Hull)	V	21:20	18	20:02	14	18:22	10
11	Rob Muzio	Team Ohten Aveas	V	21:24	19	19:53	13	18:58	23
31	Neil Cleminshaw	ADDFORM Vive Le Velo	V	21:25	20	20:24	17	19:04	24
15	Nick Hammond	Ilkeston Cycle Club	S	21:29	21			19:27	34
66	Keith Palmer	Ilkeston Cycle Club	V	21:42	22	21:07	24=	19:10	27
45	Rich Steels	HUUB WattShop	V	21:45	23	21:28	30	20:11	48
12	Isaac Russell	Team PB Performance	S	21:47	24			18:32	11
	Stephen								
16	Robinson	Velo Club Long Eaton	V	22:11	25=	20:33	18	19:16	28=
67	Colin Parkinson	South Western Road Club	V	22:11	25=	20:19	16	19:42	40
26	James Byatt	Sherwood CC	S	22:14	27			19:22	32
52	Ed Watson	Ratae RC	V	22:24	28	21:54	34=	19:28	35
36	Alastair Semple	Legato Racing Team (LRT)	V	22:33	29	21:21	28	19:50	42
33	Andrew Askwith	Vive Le Velo	V	22:48	30	21:17	27	18:39	14
21	Jez Willows	Sherwood CC	V	22:54	31	21:30	31	20:29	52
47	Simon Inman	OVB	V	22:57	32	22:12	39	19:33	37=
22	Steven Loraine	Legato Racing Team (LRT)	V	23:16	33	20:43	22	20:06	45=
58	John Hind	Bolsover and District CC	V	23:29	34	21:58	36	19:05	25
13	Mick Stevens	Melton Olympic CC	V	23:32	35	19:44	9	19:18	31
37	Loz Staples	Spalding CC	V	23:45	36	23:05	42	20:17	50
18	Sarah Harrison	Trek Sheffield	FV	23:51	37	20:39	20	18:47	18
27	Denise Burrows	AeroCoach	FV	23:53	38=	21:07	24=	20:06	45=
28	Susan Semple	Legato Racing Team (LRT)	FV	23:53	38=	19:51	12	19:16	28=
	Michael								
48	Wilkinson	South Normanton C C	V	24:02	40	21:54	34=	19:33	37=
63	Simon Geraci	Swift Racing	V	24:11	41	22:59	41	20:16	49
64	Kevin Humphreys	Sherwood CC	V	24:12	42	22:04	37	18:43	16
17	Mark Tomlinson	Peterborough CC	V	24:23	43	24:15	46	21:02	54
34	Martin Lister	Witham Wheelers / Grantham	V	24:39	44	21:26	29	18:34	12
8	Michael Allen	Team Enable - M.I. Racing - McCann	V	25:04	45	20:35	19	21:21	56
29	Matthew Sewell	Beeston Road Club	V	25:19	46	24:49	48	18:03	5
44	Gillian Campbell	Born to Bike - Bridgtown Cycles	FV	25:32	47	21:15	26	19:37	39
54	Nigel Briggs	South Pennine RC	V	25:36	48	23:36	43	20:05	44
49	Mark Shore	Walsall Roads Cycling Club	V	25:59	49	23:43	44	19:16	28=
6	Kathryn Smith	Sleaford Wheelers Cycling Club	FV	26:07	50	20:15	15	17:16	1
38	Russell Carter	South Pennine RC	V	26:31	51	24:39	47	21:27	57
7	David Hayward	Matlock CC	V	26:37	52	21:38	33	18:04	6
14	Phil Wright	Hartlepool CC	V	27:02	53	24:10	45	20:45	53

39	Jo Corbett	Sherwood CC	FV	27:02	54	21:32	32	20:09	47
19	Roy Oakes	Team Ohten Aveas	V	27:08	55	22:09	38	19:30	36
24	Ben Hamilton	Rutland Cycling Club	V	27:16	56	22:47	40	21:03	55
5	Harry Cowley	Chester RC	V	29:13	57	24:59	49	20:24	51

DNS (Apol): 9,46,53,57,59,68,69

DNS: 23,43